

# Lovering Volunteer Application

The Lovering Health Center is a reproductive and sexual health center which welcomes people of all genders, ages, and sexualities in a supportive environment. It is our passion to honor, respect, and advocate for the right of everyone to maintain freedom and choices regarding their own sexual and reproductive health.

The Lovering Health Center has a rich volunteer history. When we first opened our doors in our original location in downtown Portsmouth, volunteers donned safety vests and acted as escorts for patients seeking entry to our building through a sea of anti choice protestors. Today, in our current location in Greenland, we are fortunate that there is no longer a need for patient escorts. Our parking lot and main entry are such that our protestors can no longer block access to our entryway.

We now have volunteers trained to be support persons during abortion procedures, helping us with center laundry, donor database management, stocking exam rooms, receptionist duties and much more.

Our volunteers meet with the Executive Director and/or the Volunteer Coordinator to learn what their areas of interest are, what draws them to volunteer their time at the Center, and what their time commitment is. Each volunteer receives a welcome letter outlining the agreed upon commitment and specific tasks (if applicable).

Volunteers, just like regular staff, are trained in HIPAA privacy and security rules and are asked to sign a HIPAA confidentiality agreement prior to volunteering. All volunteers will be receive a background check through the State of NH before official onboarding. If clinical duties will be part of the volunteer assignment, OSHA Bloodborne Pathogens training will also be provided.

## Description of Potential Volunteer Needs

### Support Role for Procedural Abortion

In this role, you will be trained to be in the procedure room to assist the patient through their procedure. This position requires training with our abortion doula. It is a 5 or 6 hour commitment once a week, rotating with other support persons.



### Donor Database Management

In this role, you will be trained to utilize our donor database (Little Green Light). You will enter donor information and demographics, assign donations to specific campaigns, and prepare thank you letters for signature and mailing.

### Receptionist Duties

In this role, you will be trained to answer incoming phone calls from patients looking for information about our services, and scheduling patient appointments. Significant training will take place with one of our health workers so that you are completely comfortable answering calls, directing clinical needs through to our Nurse triage line, and scheduling appointments.

### Laundry Support

The center performs its own laundering of patient gowns. In this role, we are looking for someone consistently one day per week, on a Monday, Tuesday or Wednesday, to collect laundry baskets from the clinical areas (upstairs) and launder them in our laundry room (in the basement) and fold them and restock the clinical rooms again. This role requires a few flights of stairs and some lifting of the dirty/clean laundry baskets.

### Outreach and Educational Support

Do you have experience in education? Do you enjoy virtual education and advocacy? We are looking for talented people to support our Outreach and Educational team to develop virtual training programs for sex ed, STI risk reduction planning, selecting a contraceptive method, and more. We are looking for creative, fun, organized people to help us step up our game in education.

### Fundraising Support

The Lovering is always looking for ways to build relationships with our community, our donors, local businesses, and other nonprofits on the Seacoast. Are you good with people? Do you enjoy talking to people about social justices and how they can lend their voices to a cause? Do you have development or grant writing experience? We are looking for people to help us get the word out about our programs and services, as well as to help us with our fundraising efforts, major donor program, and to help build deeper connections with the Seacoast community.

### Seasonal Assistance

Are you a hands-on person who is ready to jump in when needed? Seasonal assistance can include a variety of tasks such as:

Spring clean-up/gardening around the building

Virtual promotion (sharing events and campaigns about the Lovering on personal social media channels to help drum up community support)

Tabling at events (when in-person events resume)

Door-to-door canvassing

& more!

 **Required**



## Applicant Information

Name \*

First and last name

Your answer

Email \*

Your answer

Phone number \*

Your answer

Which areas of our Volunteer Program interest you the most? (check all that apply) \*

- ☐ Abortion Procedure Support
- ☐ Donor Database Management
- ☐ Laundry Support
- ☐ Receptionist Duties
- ☐ Outreach and Educational Support
- ☐ Fundraising Support
- ☐ Seasonal Assistance



☐ Clinical Assistance (depending on capability, certification, and availability)

☐ Other:

Why do you want to volunteer at The Lovering Health Center? \*

Your answer

What is your hourly availability per week? (Can be a range) \*

Your answer

Submit

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